



The proven performance of  
UnitedHealthcare SignatureValue®  
**Alliance**

Care that's modern,  
designed to be affordable,  
and helping to create  
better health outcomes.



Connecting patients to the right doctors and resources resulted in better health outcomes and

reduced medical costs by

**\$19 million**

over three years.<sup>1</sup>

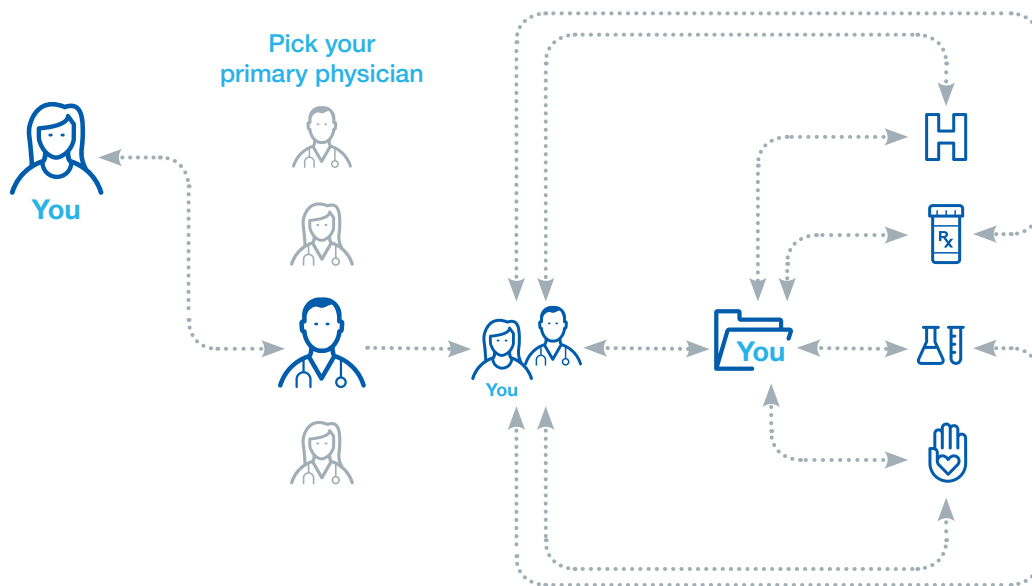


# UnitedHealthcare SignatureValue Alliance\* HMO Benefit Plan is a health plan that offers access to physicians selected based on their ability to guide their patients to the care and resources that help promote better health outcomes and lower costs.

Here's how UnitedHealthcare Alliance puts the patient at the center of the health care experience:

- ▶ Upon enrollment, members pick a primary care physician from the UnitedHealthcare accountable care model HMO network<sup>2</sup>.
- ▶ The primary care physician acts as a guide through the health care system and coordinates additional care.
- ▶ Alliance physicians are committed to using and sharing de-identified health data to advance best practices and help deliver the best care, every step of the way.

It's a recipe for success: This type of physician-directed, coordinated care has reduced medical costs by more than \$19 million<sup>1</sup> in three years compared to a traditional HMO plan.



## What it takes to be included in UnitedHealthcare's accountable care model HMO network<sup>2</sup>

From endocrinologists to neonatologists and everyone in between, UnitedHealthcare Alliance provides access to physicians and facilities that have a few things in common:

- ▶ Being recognized for their ability to deliver highly efficient, evidence-based care.
- ▶ A commitment to using and sharing patient data to coordinate care, which helps improve health outcomes and provides more efficient care.
- ▶ A proven track record of investing in the technology systems that make secure, reliable, and timely data-sharing possible.

Alliance HMO physician groups have agreed to follow a best-practice model aimed at producing a consistent patient experience to improve quality and cost outcomes.

## Measurable results: improved outcomes and lower costs compared to a traditional HMO

Alliance physicians are held to higher standards, and their performance is measured on a regular basis.<sup>3</sup> In 2014, Alliance physician groups rated higher than non-Alliance physician groups in 16 out of 21 quality metrics<sup>4</sup> measured by the Integrated Healthcare Association (IHA), including:



**Immunizations for Adolescents**



**Regulating Blood Pressure for People with Diabetes**



**Breast Cancer Screenings**



**Colorectal Cancer Screenings**



**Providing Proper Medication to Those with Asthma**

The Alliance plan has shown that higher quality and greater efficiency result in better health outcomes and lower costs. This high-quality, efficient care resulted in more than \$19 million<sup>1</sup> worth of lower medical costs over three years, compared to a traditional HMO.

## More than 106,000 members<sup>5</sup>, and growing

With numbers like these, it's easy to see why Alliance has grown: Enrollment increased by 23 percent in the last year, with more than 106,000 plan participants.

About 73,000 plan participants come from the California Public Employees' Retirement System (CalPERS), which is the second largest purchaser of public employee health benefits in the U.S.



# UnitedHealthcare Alliance

# 23%



enrollment increase in the last year

# 106,000

members<sup>5</sup> and growing





■ UnitedHealthcare Alliance Service Area<sup>6</sup>



nearly  
**20,000**  
 physicians



**120**  
 hospitals



**25**  
 counties



## The difference is the network

UnitedHealthcare Alliance HMO makes it easier and convenient for members to get care, with a network of well-respected health care providers that includes nearly 20,000 physicians<sup>7</sup> and 120 hospitals in 25 counties across the state.

## UnitedHealthcare's accountable care model HMO network is comprised of the following physician groups<sup>6</sup>:



AppleCare Medical Group



Brown & Toland Physicians



EPIC Management, LP



HealthCare Partners Medical Group



Heritage Provider Network



Hill Physicians Medical Group



Monarch HealthCare Medical Group



PrimeCare Medical Network, Inc.



Santé Community Physicians



Scripps Health



Sutter Health



Verity Health System



## Measurably better health outcomes

UnitedHealthcare Alliance network of facilities and physicians are working together to improve care coordination, so patients are supported during every stage of their care.

In 2014, physician groups participating in the UnitedHealthcare Alliance network rated higher than non-UnitedHealthcare Alliance network physician groups in 16 out of 21 quality metrics,<sup>4</sup> according to an analysis of Integrated Healthcare Association (IHA) data:

- ▶ Disease management
  - UnitedHealthcare Alliance network physician groups performed 9 percent higher than non-Alliance physician groups in California in terms of controlling blood pressure for those with diabetes.
  - Participating physician groups performed 5 percent higher than non-Alliance physician groups in California in administering asthma medications appropriately, which can help reduce emergency room visits.



## UnitedHealthcare Alliance is value-based health care that works smarter and better to help people live healthier lives

By removing barriers to care, we're helping members get connected to the resources and services that can keep them, and their families, healthy and informed.

- ▶ Preventive care
  - UnitedHealthcare Alliance network physician groups performed higher than non-Alliance physician groups in California in terms of providing a number of preventive screenings,<sup>4</sup> such as:
    - Childhood immunizations<sup>8</sup>
    - Appropriate cervical cancer screenings for female patients
    - Human Papillomavirus Vaccine for female adolescents
    - Breast cancer screenings for women ages 52 to 74
    - Colorectal cancer screenings for those ages 50 to 75





## Support is available for employees to help them get the right care

UnitedHealthcare Alliance physicians are committed to supporting the health of your employees. In an analysis of IHA data, UnitedHealthcare Alliance providers scored highly on coordination of care, doctor-patient interaction and timely care and service.<sup>4</sup>

- ▶ UnitedHealthcare Alliance takes a team approach to coordinating patient care and putting members in touch with the right network of resources
- ▶ Some participating physician groups offer additional online assistance, and all members can access **myuhc.com**<sup>®</sup>, our members-only website, which offers access to features that help put individuals in charge of their health:
  - Find doctors
  - Estimate out-of-pocket costs
  - Pay claims
  - See medical records



## Complete administrative support for your business that helps you take better care of your employees, too

UnitedHealthcare Alliance clients receive focused support from a dedicated Account Management team to make the administration and education of health benefits easier for you and your employees.

And thanks to our sophisticated data analysis and reporting capabilities, you can receive targeted, actionable reports that show opportunities for improving employee health:

- ▶ Population health gives you an overview of the health of your workforce.
- ▶ Focused reports show gaps in care (e.g., diabetics who haven't received their annual screenings, women who haven't received recommended, age-appropriate screenings for breast cancer), giving you the opportunity to close those gaps.



In 2014, UnitedHealthcare Alliance network physician groups rated higher than non-UnitedHealthcare Alliance network physician groups in 16 out of 21 quality metrics<sup>3</sup>



# UnitedHealthcare Alliance Participating Physician Groups

The UnitedHealthcare Alliance plan is a distinct subnetwork of UnitedHealthcare's full HMO network of participating physician groups.

Group Name	DEC #	Group Name	DEC #
<b>ALAMEDA COUNTY</b>			
Alta Bates Medical Group	028466	Physician Associates HealthCare Partners Medical Group San Gabriel	028422
Hill Physicians East Bay	028669	Regal Medical Group Burbank-Glendale	017556
Palo Alto Medical Foundation	012140	Regal Medical Group Central Valley	012410
Sutter East Bay Medical Foundation	020637	Regal Medical Group Covina	017778
Sutter East Bay Medical Foundation – Diablo Division	024058	Regal Medical Group Downey	017547
<b>CONTRA COSTA COUNTY</b>		Regal Medical Group East San Gabriel Valley	017555
Hill Physicians East Bay	028669	Regal Medical Group Glendale Physicians Association	023187
Sutter East Bay Medical Foundation – Diablo Division	024058	Regal Medical Group Long Beach	017552
<b>FRESNO COUNTY</b>		Regal Medical Group Los Angeles	014163
Santé Community Physicians	016405	Regal Medical Group San Gabriel Valley	014888
Santé Community Physicians	016406	Regal Medical Group St. Francis	017551
<b>KERN COUNTY</b>		Regal Medical Group West Valley	017554
Bakersfield Family Medical Group	004209	Regal Medical Group Whittier	017550
Heritage Physician Medical Group	007665	Sierra Clinic	023023
<b>KINGS COUNTY</b>		Sierra IPA	023025
Santé Community Physicians	016405	<b>MADERA COUNTY</b>	
Santé Community Physicians	016406	Santé Community Physicians	016405
<b>LOS ANGELES COUNTY</b>		Santé Community Physicians	016406
AppleCare Medical Group Downey	015967	<b>MARIN COUNTY</b>	
AppleCare Medical Group Select	025327	Brown & Toland Medical Group	026920
AppleCare Medical Group St Francis	014692	<b>MERCED COUNTY</b>	
AppleCare Medical Group Whittier	021736	Sutter Gould Medical Foundation/ Gould Medical Group	029365
Chaffey Medical Group	027892	<b>ORANGE COUNTY</b>	
HealthCare Partners IPA Arcadia	028404	ADOC Fountain Valley	025400
HealthCare Partners IPA East Los Angeles	028399	ADOC Los Alamitos	025401
HealthCare Partners IPA East West	028411	HealthCare Partners Arta	029878
HealthCare Partners IPA Glendale	028401	HealthCare Partners IPA South Coast	028461
HealthCare Partners IPA Little Company of Mary	028436	HealthCare Partners Medical Group Talbert Orange County	028427
HealthCare Partners IPA Long Beach	028454	Monarch HealthCare	021963
HealthCare Partners IPA Los Angeles County	028393	Regal Medical Group Caduceus	019793
HealthCare Partners IPA Magan Medical Clinic	028445	Regal Medical Group Orange County	018831
HealthCare Partners IPA/Montebello	028388	<b>PLACER COUNTY</b>	
HealthCare Partners IPA Northridge	028416	Sutter Independent Physicians	005204
HealthCare Partners IPA Pasadena	028410	Sutter Medical Foundation/Sutter Medical Group	005200
HealthCare Partners Medical Group/Pasadena Main	028391	<b>RIVERSIDE COUNTY</b>	
HealthCare Partners Medical Group Santa Anita	028764	Beaver Medical Group	027825
Physician Associates HealthCare Partners Medical Group San Dimas	028419	Desert Oasis Healthcare	021796

Group Name	DEC #
PrimeCare of Citrus Valley	021243
PrimeCare of Corona	005232
PrimeCare of Hemet Valley	009023
PrimeCare of Moreno Valley	003111
PrimeCare of Riverside	008331
PrimeCare of Sun City	004140
PrimeCare of Temecula	006657
Redlands–Yucaipa Medical Group	027828
Regal Medical Group Riverside	021553
Regal Medical Group Temecula	020950
Tri-Valley Medical Group	026432
Valley Physicians Network	026405
<b>SACRAMENTO COUNTY</b>	
Sutter Independent Physicians	005204
Sutter Medical Foundation/Sutter Medical Group	005200
<b>SAN BERNARDINO COUNTY</b>	
Alliance Desert Physicians	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Pinnacle Medical Group	027850
PrimeCare of Inland Valley	006045
PrimeCare of Redlands	001026
PrimeCare of San Bernardino	019383
Redlands-Yucaipa Medical Group	027828
Regal Medical Group APSI	020670
Regal Medical Group Chino Hills	017553
Regal Medical Group San Bernardino	020668
Sierra Medical Group-Santa Clarita	029357
VVIPA Medical Group	028857
<b>SAN DIEGO COUNTY</b>	
Mercy Physicians Medical Group – Scripps Care Affiliate	026282
Primary Care Associates Medical Group – Scripps Care Affiliate	026443
Rady Children’s Health Network	028561
Scripps Clinic	003682
Scripps Coastal Medical Center	023659
Scripps Physicians Medical Group	005375
UCSD Medical Group	004589

Group Name	DEC #
<b>SAN FRANCISCO COUNTY</b>	
Brown & Toland Medical Group	026920
<b>SAN JOAQUIN COUNTY</b>	
Sutter Gould Medical Foundation/ Gould Medical Group	029361
Sutter Gould Medical Foundation/ Gould Medical Group	029356
Sutter Gould Medical Foundation/ Gould Medical Group	029364
<b>SAN LUIS OBISPO COUNTY</b>	
Coastal Communities Physician Network	028856
<b>SAN MATEO COUNTY</b>	
Mills Peninsula Medical Group	025525
Palo Alto Medical Foundation	024896
<b>SANTA CLARA COUNTY</b>	
Palo Alto Medical Foundation	012140
Palo Alto Medical Foundation	023856
Verity Health System Medical Foundation	026657
<b>SANTA CRUZ COUNTY</b>	
Palo Alto Medical Foundation	023859
<b>SOLANO COUNTY</b>	
Sutter Medical Foundation/ Sutter Medical Group	024365
<b>SONOMA COUNTY</b>	
Sutter Pacific Medical Foundation/ Sutter Medical Group of The Redwoods	024624
<b>STANISLAUS COUNTY</b>	
Sutter Gould Medical Foundation/ Central Valley Medical Group	029354
Sutter Gould Medical Foundation/ Gould Medical Group	029350
Sutter Gould Medical Foundation/ Gould Medical Group	029358
<b>VENTURA COUNTY</b>	
Lakeside Medical Group Simi Valley	024682
Lakeside Medical Group Thousand Oaks	024678
Regal East Ventura County	021557
Regal West Ventura County	022251
<b>YOLO COUNTY</b>	
Sutter Medical Foundation	009695

UnitedHealthcare Alliance is available for employers with 101 or more employees in Alameda, Contra Costa, Fresno, Kern, Kings, Los Angeles, Madera, Marin, Merced, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Stanislaus, Ventura, and Yolo counties.

UnitedHealthcare Alliance is available for employers with 1-100 employees in Fresno, Kern, Kings, Los Angeles, Madera, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo and Ventura counties.

**FOR MORE INFORMATION, PLEASE CONTACT YOUR UNITEDHEALTHCARE REPRESENTATIVE.**





## Tools designed to support better health

All enrollees receive access to a suite of online tools and wellness programs that encourage member engagement in their care:

- ▶ **myhealthcarecostestimator** provides real, recent, and personalized information to help members see costs and potential care paths related to common conditions and procedures
- ▶ **myuhc.com** unlocks a wealth of health information and wellness programs
- ▶ The **UnitedHealthcare Health4Me®** mobile app lets members securely manage their care, and often their health care spending, on the go



<sup>1</sup> Data is based on UnitedHealthcare's actual medical expenses by county and by HMO network product (Q2, 2016). The data has been adjusted to account for differences in the age, sex and plan mix across differing populations, in order to provide a like-for-like comparison. Plan savings generally result in premium savings for consumers in this network compared with a full-network HMO.

<sup>2</sup> Accountable care model networks are organized groups of physicians, hospitals and other care providers working together to coordinate care for a designated patient population. They participate in incentive programs designed to improve quality standards while providing more efficient care.

<sup>3</sup> Alliance physicians are required to participate in the Alliance Quality and Variation Reduction Process, a best practice learning collaborative, which encourages and rewards them for implementing best practices.

<sup>4</sup> UnitedHealthcare analysis of 2014 Integrated Healthcare Association (IHA) data.

<sup>5</sup> UnitedHealthcare Alliance enrolled members as of January 2017.

<sup>6</sup> Alliance is available for employers with 101 or more employees in Alameda, Contra Costa, Fresno, Kern, Kings, Los Angeles, Madera, Marin, Merced, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Stanislaus, Ventura, and Yolo counties.

UnitedHealthcare Alliance is available for employers with 1-100 employees in Fresno, Kern, Kings, Los Angeles, Madera, Orange, Riverside, San Bernardino, San Diego, and Ventura counties.

<sup>7</sup> For a full listing of participating physician groups near you, please refer to the Alliance Provider Directory or visit myuhc.com.

<sup>8</sup> Combination 3 vaccines are DTaP; inactivated polio vaccine; measles, mumps and rubella; haemophilus influenza type B; Hepatitis B; varicella; and pneumococcal conjugate vaccine.

\* Formal HMO Product Name: Alliance = UnitedHealthcare SignatureValue® Alliance

This is current as of the date of publication. We update our directories periodically, but we cannot guarantee the length of participation of the physicians and other providers in our network. Please verify a doctor's participation status by calling the Customer Care department or by visiting myuhc.com.

Health plan coverage provided by or through UnitedHealthcare of California. Administrative services provided by United HealthCare Services, Inc., OptumRx or OptumHealth Care Solutions, Inc.

